



Anderson Township Senior Center
7970 Beechmont Ave.
Anderson Township, OH 45255
AndersonTownshipOH.gov/senior-center

SENIOR Lifestyle

A PUBLICATION OF THE ANDERSON TOWNSHIP SENIOR CENTER

Check out event and program information on Facebook @FriendsOfAndersonTownshipSeniorCenter

The Anderson Township Senior Center will be closed November 23 and 24, and December 22 and 25.

Weekly Schedule - Anderson Township Senior Center Hours 9 a.m. to 2 p.m.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9:30 a.m.	Silver Sneakers Cardio Oil Painting	Silver Sneakers - Strength and Balance	Woodcarvers Walking Club**	Silver Sneakers Yoga Watercolors	Silver Sneakers Cardio
10 a.m.	Beginner Bridge		Blood Pressure Check Euchre	Bridge	
10:30 a.m.		Mahjong Pickleball***			Tai Chi*(Not on last Fri. of each month)
11 a.m.		Tech Table Better Balance Safer You*		Better Balance Safer You*	
11:30 a.m.	Lunch	Lunch	Lunch	Lunch	Lunch
12 p.m.		Quilters			
12:15 p.m.	Line Dancing*				
12:30 p.m.				Creative Circle	

All classes are at ATSC unless noted.
* An extra fee is charged
**Meets at Beech Acres Park
*** Pickleball at Forestville Baptist Church

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Folk Music by Seldom the Same

Thursday, Dec. 21 • Time: 10:30 A.M.
Jam session after lunch. Bring your instrument and play along.

Guitar Music by Dave Ridenour

Wednesday, Dec. 27 • Time: 11 A.M.

Movie Matinee: A Street Cat Named Bob

Wednesday, Dec. 27 • Time: Noon
Our December Book Blitzers selection. A heartwarming film about the friendship between a street musician and a stray cat.

Noon Year's Eve Party

Friday, Dec. 29 • Time: 10:30 A.M.
Ring in 2024 with music, a delicious lunch, dancing, noisemakers and more! We'll have a countdown at noon. Sign up in the lunch reservation book by December 18. (This is earlier than usual.)

Holiday Happenings Make Magic at ATSC



The holidays are always a magical time at the Anderson Township Senior Center. The decorations, the music and special events all add to holiday cheer. This year, we are planning our traditional programs and have added a few new ones that our members are sure to enjoy!

Sign up early for these special programs:

- November 15 - Dean Regas: The Holiday Skies
- November 17 - Thanksgiving Luncheon
- December 2 - The Nutcracker Ballet at Anderson Center Theater
- December 4 - The Forest-Aires Holiday Concert

- December 6 - Holiday Breakfast
- December 9 - Cincinnati Pops Orchestra Holiday Concert
- December 12- Movie: *Holiday Inn*
- December 13 - Christmas Luncheon
- December 14 - Nagel Middle School Holiday Concert
- December 19 - Christmas Carol Singalong
- December 29 - Noon Year's Eve Party

Enclosed in this mailing is information on membership renewal. Please let us know if you have any questions. We hope to see you even more in 2024!

MISSION STATEMENT • Through its operation of the Anderson Township Senior Center, Anderson Township will further its ongoing mission: "To provide services which protect and enhance the quality of life in our community."
AndersonTownshipOH.gov/senior-center

HOURS
Monday-Friday
9 a.m.-2 p.m.
PHONE
513.474.3100

CLAIRE O'CONNELL
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November

Author's Corner: Ken Serey

Wednesday, Nov. 1 • Time: 10:30 A.M.

Ken will share excerpts from his book *Hear Their Stories*, a collection of war memories as told by local veterans. Copies will be for sale.

Country Music by Drake

Wednesdays, Nov. 1 and 15 • Time: 11:30 A.M.

Cincinnati Reds Trivia Game

Thursday, Nov. 2 • Time: 10:30 A.M.

Staff from the Reds Hall of Fame will host a team trivia game. Test your knowledge of our favorite baseball team!

Juniors Helping Seniors Technology Support

Thursday, Nov. 2 • Time: 3:15-4:30 P.M.

Turpin High School students are back to provide a brief educational program on Android and iPhones and to give individual support. Bring your cell phone, laptop or tablet.

Folk Music by Dave Sanders

Friday, Nov. 3 • Time: 10:30 A.M.

Make A Potpourri Sachet

Friday, Nov. 3 • Time: Noon

Make a scent-sational sachet to take home for the upcoming holidays. Led by member Anne Cox-Espenlaub.

Elder Justice from the Hamilton County Prosecutor's Office

Monday, Nov. 6 • Time: 10:30 A.M.

Representatives from this new department will share information on recent scams aimed at seniors and ways to stay aware and safe.

Paint a Pumpkin

Monday, Nov. 6 • 2:15 P.M.

Make a Thanksgiving decoration to take home. Sponsored by Devoted Health..

Memory Cafe

Tuesday, Nov. 7 • Time: 10:30 A.M.

A comfortable gathering that allows people with dementia and their caregivers to socialize and engage in fun activities.

Tour and Lunch at New England Club

Wednesday, Nov. 8 • Time: Noon

Meet at this local senior living community located at 8135 Beechmont Ave.

Movie Matinee: Favorite Military TV Shows

Wednesday, Nov. 8 • Time: 11:45 A.M.

Just in time for Veterans Day! Enjoy lighthearted video clips from *M.A.S.H.*, *Gomer Pyle*, *U.S.M.C.* and *McHale's Navy*.

Greeting Card Classes

Thursday, Nov. 9 • Time: 10 and 11 A.M.

Make beautiful cards in this popular class. **Cost \$2.**

November Birthday Party and Veterans' Day Tribute

Friday, Nov. 10 • Time: 10:30 A.M.

Don't miss this patriotic celebration with big band music and dancing at our own U.S.O. show! Veteran benefit information tables available. Wear red, white and blue! Sign up in the lunch reservation book by November 2.

Documentary and Discussion

Monday, Nov. 13 • Time: 10:30 A.M.

A new program at ATSC. We'll watch *Live to 100 - the Secrets of the Blue Zones* and discuss the key take-aways from the show.

Seven Habits of Happy People

Tuesday Nov. 14 • Time: 10:30 A.M.

Kasia Hutchinson from Humana will share day-to-day habits that optimists tend to have in common.

Astronomer Dean Regas

Wednesday, Nov. 15 • Time: 10:30 A.M.

A member favorite, Dean will speak about the holiday skies and astronomical events coming in 2024.

Ortho-Cincy Tour

Wednesday, Nov. 15 • Time: 12:30 P.M.

Meet at the new offices of Ortho-Cincy, located next to Ollie's, for a tour of their new facilities.

Folk Music by Seldom the Same

Thursday, Nov. 16 • Time: 10:30 A.M.

Jam session after lunch. Bring your instrument and play along.

Thanksgiving Luncheon

Friday, Nov. 17 • Time: 10:30 A.M.

An ATSC tradition of friends, fun and a delicious feast. Music by Daven Robertson. Boutique and jewelry sale. Sign up in the lunch reservation book by November 10.

Historian Diane Shields

Monday, Nov. 20 • Time: 10:30 A.M.

Learn about Jamestown, founded in 1607 as the first permanent settlement in America.

Music by Pete Papania

Monday, Nov. 20 • Time: 11:30 A.M.

Virtual Tour of the Grand Canyon

Tuesday, Nov. 21 • Time: 10:30 A.M.

Member Mike Rank, our photography club leader, will share his amazing pictures of this national landmark.

Flute Music by Mark Huffman

Tuesday, Nov. 21 • Time: 11:30 A.M.

Guitar Music by Dave Ridenour

Wednesday, Nov. 22 • Time: 11 A.M.

Trim the Tree

Monday, Nov. 27 • Time: 10:30 A.M.

Help decorate the center for the holidays.

Book Blitzers

Monday, Nov. 27 • Time: 12:30 P.M.

Discuss *The Book Woman's Daughter* by Kim Michelle Richardson. Books will be available at the front desk in early October.

Emergency Preparedness for Seniors

Wednesday, Nov. 29 • Time: 10:30 A.M.

Anderson Township first responders will share ways older adults can be safe in their homes and in the community during the winter months.

Belterra Park

Thursday, Nov. 30 • Time: 10:30 A.M.

Meet at Belterra Park, 6301 Kellogg Road. Complete the manifest form at the front desk by November 21.

December

Folk Music by Dave Sanders

Friday, Dec. 1 • Time: 10:30 A.M.

The Nutcracker by the LeJeune Dance Studio

Saturday, Dec. 2 • Time: 12:30 P.M.

A magical production of this holiday classic. Meet at Anderson Center, 7850 Five Mile Road, for lunch before the 2 P.M. show. **Cost: \$35.**

The Forest-Aires Holiday Concert

Monday, Dec. 4 • Time: 10:30 A.M.

This popular women's chorus returns to perform holiday songs. Sign up for lunch by November 28.

Memory Cafe

Tuesday, Dec. 5 • Time: 10:30 A.M.

The Cincinnati Public Library-Online Tools

Tuesday, Dec. 5 • Time: 10:30 A.M.

Learn how you can access books, movies and other media on your phone or computer. Bring your library card.

Flute Music by Mark Huffman

Tuesday, Dec. 5 • Time: 11:30 A.M.

Holiday Breakfast-Visions of Sugarplums

Wednesday, Dec. 6 • Time: 9 -10 A.M.

Enjoy a complimentary breakfast with holiday music from *The Nutcracker Suite*. Sign-up sheet will be at the front desk in mid-November.

Country Music by Drake

Wednesdays, Dec. 6 and 20 • Time: 11:30 A.M.

Greeting Card Classes

Thursday, Dec. 7 • Time: 10 and 11 A.M.

Make beautiful cards in this popular class. **Cost \$2.**

Juniors Helping Seniors Technology Support

Thursday, Dec. 7 • Time: 3:15-4:30 P.M.

Topic: The Latest and Greatest Online Gifts. Bring your cell phone, laptop or tablet for individual assistance.

Piano Music by Annie

Fridays, Dec. 8 and 15 • Time: 11 A.M.

Cincinnati Pops Orchestra Holiday Concert

Saturday, Dec. 9 • Leave ATSC at 1:00 P.M.

Enjoy a selection of classics in this popular holiday event. Motorcoach transportation provided. **Cost: \$65**

Movie Matinee: Holiday Inn

Tuesday, Dec. 12 • Time: 11:45 A.M.

What could put you more in the holiday spirit than hearing Bing Crosby sing *White Christmas*? Join us for this 1942 classic.

December Birthday and Holiday Luncheon

Wednesday, Dec. 13 • Time: 10:30 A.M.

One of our most popular events of the year! Beautiful decorations in an elegant setting with holiday music by Denny Duvall. Sign up in the lunch reservation book by December 5.

Nagel Middle School Orchestra

Thursday, Dec. 14 • Time: Noon

Enjoy a performance of holiday music from our young neighbors.

Historian Diane Shields

Monday, Dec. 18 • Time: 10:30 A.M.

Just in time for the holidays, learn about the life of Charles Dickens. We promise no "Bah Humbugs!"

Book Blitzers

Monday, Dec. 18 • Time: 12:30 P.M.

Discuss *A Street Cat Named Bob and How He Saved My Life* by James Bowen. Copies will be available at the front desk in mid-November. (Watch the movie December 27!)

Brain Health: Sing Along with Les and Steve

Tuesday, Dec. 19 • Time: 10:30 A.M.

Join member Steve Long and staff member Les Tacy in holiday caroling.

(continued on back cover)